

The book was found

The Best Homemade Kids' Snacks On The Planet: More Than 200 Healthy Homemade Snacks You And Your Kids Will Love



Synopsis

If you're a parent or a caregiver, you know that kids are hungry all the time. And while you want to give them the best, snack time can be a true test. How do you avoid the convenient-but-unhealthy storebought treats and instead provide something that not only tastes good, but is good for them too? With *The Best Homemade Kids' Snacks on the Planet*, you'll find more than 200+ great ideas for solving the snack conundrum. Recipes and ideas you can whip up in minutes, without fuss in the kitchen, or fuss from your kid! So whether you're packing snacks for your purse, the school bag, the sports bag, or the can't-make-it-until-dinner whining hour, you'll find quick and healthy ideas everyone in your family will love.

Book Information

File Size: 33041 KB

Print Length: 243 pages

Page Numbers Source ISBN: 1592336612

Publisher: Fair Winds Press (April 25, 2015)

Publication Date: April 25, 2015

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00WRQ1PJK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #305,082 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #42

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Occasions > Brunch &

Tea #114 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Brunch &

Tea #289 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Natural Foods

Customer Reviews

My kids love the recipes here. Lots of creative snack ideas to get us out of a rut.

My kids are all over most of the recipes with the exception of hidden bananas (chocolate pudding with bananas and avocado-no way).

Greatest book ever. We all love the recipes in here.

Giving as gifts to my littles! And their moms

So, as the mother of the toddler who is occasionally particular and really likes to snack, I was super excited to read this book and get some new ideas to get me out of a snacktime rut. Unfortunately, the claim on the front of the cover that says "more than 200 healthy homemade snacks" is a little misleading, at least when it comes to the healthy part. While there are a number of great healthy snack ideas in here, I would say the majority of the really innovative ideas were things that were incredibly sweet or contain chocolate, such as berry chocolatey pizza, party mix containing as much maple syrup as it does nuts, homemade caramel corn, s'mores popcorn, trail mix with chocolate and marshmallows and graham crackers, marshmallow cream fluff, marshmallow cream filled chocolate cupcakes, homemade mint thins made with crackers covered with melted chocolate chips and peppermint extract, homemade pop tarts made from pie dough, and a HUGE number of things made from white flour, which I consider an occasional "treat" food rather than an everyday food. While most of the recipes were indeed exciting snacks that kids would probably like, I have to say that I will probably cut out the 20 or so recipes that I liked (she has some very exciting dips for kids including a number of hummuses, "magic" banana cookies with only 3 ingredients, energy bites, 'Ninja Turtle" nuggets, baked zucchini bites, and some fun variations on deviled eggs which I have seen before but it's nice to have in one place) and won't keep the book. I guess I'm just a little annoyed when books cater to the lowest common denominator health and flavor wise. Can kids not enjoy complex flavors? Do they really need white flour-based, sugar-laden snacks? What about vegetables and healthy proteins? My guy is almost two and he eats a wide variety of foods - there are very few things in this book I'd consider healthy fare for anyone in my family much less the one member who is still growing and needs nutrient-dense foods more than anyone.

Great, easy, kid friendly recipes.

Great ideas

some great recipes

[Download to continue reading...](#)

The Best Homemade Kids' Snacks on the Planet: More than 200 Healthy Homemade Snacks You and Your Kids Will Love (Best on the Planet) The Best Homemade Kids' Snacks on the Planet: More than 200 Healthy Homemade Snacks You and Your Kids Will Love The Best Homemade Baby Food on the Planet: Know What Goes Into Every Bite with More Than 200 of the Most Deliciously Nutritious Homemade Baby Food ... Your Baby Will Love (Best on the Planet) The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with More Than 200 Deliciously Nutritious Meal Ideas (Best on the Planet) Homemade Beauty Products: For Beginners - The Complete Bundle Guide to Making Luxurious Homemade Body Butter, Homemade Soap, Homemade Shampoo & Homemade Bath Bombs (Homemade Beauty Recipes) The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with Over 200 Deliciously Nutritious Lunchbox Ideas - Real Simple, Real Ingredients, Real Quick! The Best Grain-Free Family Meals on the Planet: Make Grain-Free Breakfasts, Lunches, and Dinners Your Whole Family Will Love with More Than 170 Delicious Recipes (Best on the Planet) Hungry Girl: 200 Under 200: 200 Recipes Under 200 Calories New England Waterfalls: A Guide to More Than 400 Cascades and Waterfalls (Second Edition) (New England Waterfalls: A Guide to More Than 200 Cascades & Waterfalls) How to Cook for Crohn's and Colitis: More than 200 healthy, delicious recipes the whole family will love Homemade Cheese: Step-by-Step Techniques for Making Best Organic Cheese: (Homemade Cheese, Cheese Making Techniques, Cheese Recipes) (Cheese Making, Homemade Cheese) Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) The Ultimate Book of Modern Juicing: More than 200 Fresh Recipes to Cleanse, Cure, and Keep You Healthy Trim Healthy Mama's Trim Healthy Table: More Than 300 All-New Healthy and Delicious Recipes from Our Homes to Yours American Heart Association Quick & Easy Cookbook, 2nd Edition: More Than 200 Healthy Recipes You Can Make in Minutes Salad Dressing: 59 Healthy Homemade Salad Dressing Recipes For Vegetarian, Vegan, And Plant Based Diet. No Oil. No Mayo. No Vinegar. (Healthy Recipes. Healthy Cookbooks To Keep In Your Kitchen.) Homemade Natural Perfume Recipes - The Ultimate Guide to Homemade Perfume Making: Make Your Own Homemade Organic perfume From Scratch! The Best Grain-Free Family Meals on the Planet: Make Grain-Free Breakfasts, Lunches, and Dinners Your Whole Family Will Love with More Than 170 Delicious Recipes Ketogenic Cookbook:56 The Best Recipes for Rapid Weight Loss, Quick & Easy Recipes Ketogenic Diet, Delicious Soups, Snacks and Smoothies for Ketogenic ... You and Your Family (Healthy lifestyle 2) American Heart Association Quick & Easy Meals: More Than 200 Healthy Recipes Plus Time-Saving Tips for Shopping, Planning, and Eating

Well

Contact Us

DMCA

Privacy

FAQ & Help